

True or False?  
Alcohol can affect an unborn baby even  
before mom knows she's pregnant.  
**TRUE**

True or False?  
Prenatal alcohol exposure is the leading  
known cause of mental retardation in the  
United States. **TRUE**

True or False?  
Fetal Alcohol Spectrum Disorders are  
100% preventable.  
**TRUE**

## Become a Local Trainer for **Fetal Alcohol Spectrum Disorders Prevention** and Make a Difference in Your Community.

The Sycamore Project (Kentucky's Prevention Enhancement Site for Fetal Alcohol Spectrum Disorders) is sponsoring a series of **FREE** 3-Day Training of Trainers. Participants will receive training, resources and support to become local trainers as part of the **Statewide FASD Training Network.**

Training objectives include increased knowledge in the following areas:

- \*How alcohol affects a developing baby's brain and body
  - \* FASD as a community issue
- \* Mobilizing your community for FASD awareness / prevention
  - \* Women and addictions
- \* Prevention / intervention with pregnant women
  - \* FASD research, resources and networking (both state and national)



**CEUs applications: EILA (18), CADC (18), Social Work (18), Nursing / HANDS (17.1), Psychology (18), LMFT (18)**

Participants will leave the training with Power Point presentations, training materials, resources, support and knowledge to respond to local training requests.

**Date:** January 5–7, 2011 (9:00–4:00)

**Location:** Bluegrass Prevention Center, 1351 Newtown Pike / Bldg. B, Lexington, KY 40511

Please contact Laura Nagle for more information: [Lmnagle@bluegrass.org](mailto:Lmnagle@bluegrass.org) (859-624-3622)

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